COVID-19 Tip #16

Long-Term Effects of COVID-19

After being sick with COVID-19, most people get better and return to normal health, but some patients can have symptoms that last for weeks or even months.

Commonly reported long-term symptoms:

- Loss of taste or smell
- Joint pain
- Frequent coughing
- Feeling tired
- Difficulty concentrating
- Difficulty breathing
- Muscle pain
- Feeling sad or depressed

For those that were hospitalized because of COVID, other symptoms might include:

- Problems with your kidneys
- Trouble sleeping
- Skin rashes or loss of hair
- Diabetes that is harder to control than before COVID-19
- Feeling stressed, tired, or anxious

If you have had COVID-19 and are still experiencing symptoms that worry you or make it hard to do things you normally do in the day, reach out to Project SALUD for a referral to a doctor near to where you live.

352-575-8024

For those in Alachua County, call the Mobile Outreach Clinic for an appointment at 352-273-5329. This is a free clinic and there is assistance in Spanish if you request in advance.